

weekly plan

SUNDAY

- ☐ Weekly to do list
- ☐ Meal Plan
- ☐ Clip/File Coupons
- ☐ Check for "card events"
- ☐ Meal Prep
- ☐ Clean fridge
- ☐ Zone cleaning

MONDAY

- ☐ Checkbook
- ☐ Iron
- ☐ Clean 1 cabinet/
closet/drawer
- ☐ Zone cleaning

TUESDAY

- ☐ Water plants
- ☐ Clean microwave
- ☐ Weight Watchers
- ☐ Zone cleaning

WEDNESDAY

- ☐ Grocery list
- ☐ Grocery shop
- ☐ Zone cleaning

THURSDAY

- ☐ Clean 1 cabinet/
closet/drawer
- ☐ Zone cleaning

FRIDAY

- ☐ Clean out purse
- ☐ Clean out car
- ☐ Zone cleaning

SATURDAY

- ☐ Weekly cleaning
- ☐ Zone cleaning